

Identification

Originals if possible, but copies are better than nothing

Driver's license

Pension or healthcare card

Medicare card and Centrelink card

Birth certificates – yourself and your children's

Passports – yourself and your children's

Immunisation documents for children

Immigration papers

A document that contains proof of address (such as a rates notice or telephone bill)

Bank statements

If you are taking photos of documents, store them in a separate area of your mobile phone to the main photo album (such as the PDF section in the Books app on an iPhone).

Financial items

Bank account numbers or copies of statements

Purse, credit cards in your name, and some cash

Lease agreement or mortgage papers

Tax, employment or income documents

Sentimental jewellery (or you can remove these from the house ahead of time, and store them with a trusted friend or relative)

Certificate of title of any land or house you own
Spare house keys
Medication

Spare mobile phone (with prepaid SIM card that cannot be traced to you) and charger

List of important phone numbers (in case you cannot take your mobile phone with you)

Other items

Change of clothes for you and your children, and one pair of shoes
Nappies, baby formula, bottles, baby food, dummy

Recent photo of the person using violence (for identification)

Personal care items such as toothbrush, toothpaste, deodorant, hairbrush, etc.

A favourite toy for each child

Diary of abuse, if you have kept one

Consider where you might hide your escape bag. You may choose to hide it with a trusted friend or family member.

When you start collecting things for your escape bag, do so gradually. Start with small things that are unlikely to be noticed, such as passports, photos, and ID.

If you do choose to leave, you can request police to accompany you back to the house at a later time to retrieve your personal possessions. Do not ever put your safety at risk to retrieve property or possessions.